

# YA Continuing Education Studies Grid

Name \_\_\_\_\_  
                     First                      Middle                      Last

Street \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_ Zip \_\_\_\_\_ Country (if other than U.S.A.) \_\_\_\_\_

Phone: Home (\_\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_ Website: \_\_\_\_\_

**Instructions:**

This grid should be used to track CEU hours every three years. Duplicate the grid if necessary. Please retain your completed grid. Every three years from your registration/renewal date, please submit a photocopy of this form and the proceeding teaching Experience Grid to Yoga Alliance when renewing your registration.

Please attach a flyer or any promotional material to this form when submitting your CEU documentation.

Program, Workshop, Conference or other Yoga related studies	Separation of Hours
	Contact
	N-Cont.
	Contact
	N-Cont.
	Contact
	N-Cont.
	Contact
	N-Cont.
	Contact
	N-Cont.
TOTAL HOURS ACCRUED	Contact
	N-Cont.

## YA Continuing Education Teaching Experience Grid

**Instructions:** This grid should be used to track 45 hours of teaching yoga classes during every three-year CE period. Please duplicate the grid if necessary.

Location	Dates	# Wks Teaching	# Classes Per Wk	Length Of Classes	Total Hrs
EXAMPLE – YMCA	1/2/98 3/1/98	8 wks	3 classes/wk	1.5 hrs	36 hours

Please contact Yoga Alliance with any questions at:

[info@yogaalliance.org](mailto:info@yogaalliance.org) (CEU as subject)

Telephone: 888.921.YOGA (9642)