

CENTER FOR YOGA workshop series presents

# NO FEAR YOGA!

with Jacquie Ciavaglia



Sunday April 18th, 2010  
2:00pm – 3:15pm  
Center For Yoga – Birmingham

Through – Stability –Agility – Ability  
You will learn the fundamentals and the finesse of Backbends and Inversions. Strengthen your practice and deepen your understanding of your body in this No Fear Yoga workshop!

**SPACE IS LIMITED! REGISTER TODAY!**

CENTER FOR YOGA  
BIRMINGHAM - 248-258-YOGA (9642)

Please visit [www.centerforyoga.com](http://www.centerforyoga.com) 24-hours prior to event for any change announcements.

No Fear Yoga with Jacquie - Sunday, April 18th 2010

Class Cost: \$25\*\* / \$30 \*\*for registration received by APRIL 9TH, 2010  
NO CANCELLATIONS OR REFUNDS AFTER APRIL 9TH, 2010

REGISTRATION FORM

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Payment Method:  check  visa  mastercard  Media Release: Unless checked here, you give your permission for Temple Arts to use photos and comments which you may be featured.

Account #: \_\_\_\_\_ Exp \_\_\_\_\_

\_\_\_\_\_ cardholder's signature



This workshop qualifies for continued Teacher Training education