

CENTER FOR YOGA workshop series presents

Kids Yoga Teacher Training

with Jane James
(For kids 10 and up...)



A Weekend Intensive August 6th – 8th Center For Yoga – Birmingham

Empower your children today to find a voice that allows them not just to teach a yoga class to their peers...but to become a community leader for our next generation.

Today's children are the future! We believe in them!

This weekend camp will allow your child to grow mentally, physically and spiritually.

We invite them to experience a weekend meeting new friends, learning to practice, and teach basic vinyasa yoga sequences and recognizing the light within themselves that will help for a happy and healthy transition into their teenage and adult years.

All ability levels welcome. 10 years of age and up.

FRI: 12-4pm - A snack will be provided

SAT: 9am-2pm - Includes walk into town for "yoga meal" lunch

SUN: 3pm-7pm - With a special 6-7pm parents and friends class taught by the kids. Graduation tea and treats after!

Class materials will be provided

*questions...email jane@centerforyoga.com or call 248.229.2919

SPACE IS LIMITED! REGISTER TODAY!

CENTER FOR YOGA
BIRMINGHAM – 248-258-YOGA (9642)

Please visit www.centerforyoga.com 24-hours prior to event for any change announcements.

Kids Yoga Teacher Training – Friday, August 6th – Sunday August 8th

REGISTRATION FORM

For registrations received before June 1st: \$249.00. For registrations received after June 1st: \$299.00
NO CANCELLATIONS OR REFUNDS AFTER AUGUST 1ST. REGISTRATION OPEN UNTIL AUGUST 10TH.

Name: _____ Date: _____

Address: _____

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cardholder's signature

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