

CENTER FOR YOGA workshop series presents

Find Your Balance

Join Jacquie Ciavaglia

To Find Your Inner Balance And Strength



Sunday, May 16th, 2010

2:00-3:30pm

Center For Yoga – Birmingham

You can find your balance! Discover the art of jump throughs, float backs and arm balances in this special Yoga workshop. For an hour and a half join Jacquie in using your inner-core to create strength and learn to balance in any situation.

SPACE IS LIMITED! REGISTER TODAY!

CENTER FOR YOGA
BIRMINGHAM – 248-258-YOGA (9642)

Please visit www.centerforyoga.com 24-hours prior to event for any change announcements.

Find your balance with Jacquie – Sunday, May 16th, 2010

Class Cost: \$25** / \$30 **for registration received by MAY 7TH, 2010
NO CANCELLATIONS OR REFUNDS AFTER MAY 7TH, 2010

REGISTRATION FORM

Name: _____ Date: _____

Address: _____

Phone: _____ Email: _____

Payment Method: check visa mastercard Media Release: Unless checked here, you give your

Account #: _____ Exp _____ permission for Temple Arts to use photos and

_____ comments which you may be featured.
cardholder's signature



This workshop qualifies for
continued Teacher Training education